

## Welcome to the MTJB Infant Program

### Here are a few helpful tips before starting daycare!

Items to bring:

- Blanket/ sleep sac (if they use one)
- Diapers and Wipes (May bring a large amount, we will notify you when supplies become low)
- Diapering cream, or ointment (if needed)
- Full sets of extra seasonal clothing (at least two changes of clothes)
- Indoor rubber soled shoes
- Bottles and/or special sippy cups (the centre will supply one type of sippy cup)
- Formula/breast milk (Label with child's name and the date prepared or expressed)
- Infant cereal if required
- Any packaged and sealed infant foods or snacks if required for dietary restrictions
- Comfort items (i.e. pacifier/soother, if needed)
- Weather appropriate outdoor clothing for all seasons (Splash suits/Muddy Buddies for wet weather and snowsuits for the winter months are needed)

Please label all necessities you bring. Mabel's Labels are an example of labels that work great! When supplies run low (diapers, wipes etc.) a notification will be sent on the Child Care Management App or with a note posted on your cubby.

Each child in the program will have a cubby space for their personal belongings. We will do our best to keep track of the children's items however we are not responsible for lost articles.

Each of our infants has a crib labeled specific to themselves for their nap times. In the event your child attends on a part time basis and the crib is used by another child on the opposite days; the crib sheets will be changed in between each child's use.

Rest time in the Infant program is unique in that we will follow your child's routine as best as we can until they are ready to move toward one nap per day.

### Here is a little overview of our day:

Morning snack - 8:30 a.m.

Outside time range- 9:00 - 11:00 a.m.

Lunch - 11:00 a.m.

Nap – As needed (12:00 p.m. Toddler & Preschool Programs)

Afternoon snack - 2:30 p.m.

Outside - 3:00 - 5:30 p.m.

\*This is a general outline of a schedule. \*

We hope to make this transition as smooth as possible! We love to keep parents updated through a phone call to the centre, the Child Care Management App and Facebook.

We are looking forward to spending our days with your child!

Your MTJB Team